

Ambiance DAY SPA

AN AVEDA CONCEPT SALON AND SPA

Jan-Mar, 2007

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Message from Jenny:

Woohoo... It's a New Year!!! Happy 2007 everyone! Traditionally, the beginning of the New Year is seen as a time to access our lives and develop goals to make the upcoming year even better than the last. I love a new year... it is a gift of opportunity to love more, share more, learn more and of course to do it all with a healthier mind and body than ever before!

We would also like to take this opportunity to thank YOU, our wonderful clients for helping us to grow and expand and in turn win the BDC Young Entrepreneur Award for New Brunswick... We were all very excited about this!!!

Have a relaxing day,
Jenny Scott

Our mission at Aveda is to care for the world we live in, from the products we make to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world."

Horst Rechelbacher, Founder of Aveda



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Hours of Operation

Mon. to Fri. - 9am to 9pm
Saturday - 9am to 7pm
Sunday - 9am to 5pm

Special Hours:

Sat. Jan. 13th - 9am to 5pm**
Sun. Jan. 14th: 11am to 5pm**

** Please note
that hours have
been shortened
on Jan. 13th &
14th for a team
building event.





Hockey & a Make-over Nights in Saint John...

Ambiance Day Spa has teamed up with the Saint John Sea Dogs to do make-overs at all of the ladies night hockey games. Email us a photo of you if you are interested in winning the makeover... must be willing to get hair color and make up done night of the game! Check out our make-overs at www.theambiancespa.com

Book Your Appointment Online!



WE NOW HAVE ONLINE BOOKING!!!
For those of you that enjoy the convenience of online booking & shopping... you can now book your own Spa Appointments online and shop for your favorite products and gift certificates at www.theambiancespa.com
*If you are an existing client – please call us for your user ID and password!

Ambiance Gift Registry

REGISTER with us for your Baby Shower, Wedding or Birthday, and we will let your loved ones know what you wish for.

You can register online at www.theambiancespa.com (spa wishes), or you can also stop into the Spa and register with the front desk.

Coming Soon...

BE CURLY

Calling all curls... NEW Be curly shampoo, conditioner, curl control and brush is arriving the first of January! Purchase all of these great new products in a wonderful intro kit - along with our already existing & popular Be Curly! A must have for everyone with curls!

Coming this April...

SMOOTH INFUSION SHAMPOO & CONDITIONER

We are excited to get these new products... joining our awesome light elements line!

NEW SIZES

WOW - our popular replenishing body moisturizer is now available in 500ml and our calming body cleansing is available in 1L... better for you and the environment!

CARIBBEAN BODY WASH

Our popular Caribbean line is expanding once again, to include this delicious new body cleanser.... you will love it!

ACNE OUTER PEACE

A new skin care line that will help to clear up any skin irritations! A great new line for AVEDA!

Products we love

CARIBBEAN BODY SCRUB

Our Caribbean Body Scrub exfoliates, while softening & conditioning, leaving your skin smooth with a lush after feel. Sugar cane exfoliates and protects dry skin, while gingerroot powder stimulates your skin & lightly exfoliates. Coconut oil then softens and conditions, while avocado oil moisturizes to keep your skin soft.

CARIBBEAN BATH BAR

A rejuvenating blend of authentic Caribbean ingredients creates a rich lather that nourishes skin, while warm island aromas uplift the senses. Caribbean mango and cocoa butters soften and smooth your skin, while aromas of Caribbean amyris, bay leaf, vetiver and lime revitalize. Perfect for all skin types.

CARIBBEAN FLOWER WATER

This alcohol-free face and body spray uplifts & rejuvenates your senses, while lightly hydrating skin. The flower water contains neroli to uplift & refresh, bitter orange extract to condition, and sea salt.

CARRIBEAN SOY CANDLE

This plant based soy wax candle burns cleanly and completely for over 50 hours, with the calming aroma of 25 pure flower and plant essences - including certified organic lavender, petitgrain and ylang ylang. Environmentally responsible packaging includes 95% post consumer recycled glass, and 100% post consumer plastic refill cup.

ROSEMARY MINT BAR

This moisturizing bath bar invigorates with a time-release aroma of certified organic rosemary and peppermint that lingers long after you rinse. Won't strip skin of natural oils. Rosemary and peppermint leaf powders lightly exfoliate. The creamy lather softens and hydrates all skin types. While the biodegradable bar is hard-milled to last.

ROSEMARY SHAVE GEL

The cooling menthol formula of our shave gel invigorates with certified organic rosemary and peppermint. Coconut-derived moisturizers cushion skin for easy razor glide and a close, smooth, friction-free shave, minimizing post-shave irritation. Great for all skin types.

Staff Education

Congratulations to the following staff for recently completing the following education classes

- **Behind the scenes:**

Melissa Smith, Erin Dunlop, Jesse Cameron, Julie Arsenault, Anita Bryan, Shaunna McCoy

- **Aveda Make Up:**

Jesse Cameron, Julie Arsenault, Anita Bryan, Melissa Smith

- **Aveda Skin Care:**

Jesse Cameron, Julie Arsenault, Melissa Smith, Anita Bryan

- **Skin Wise:**

Jesse Cameron & Anita Bryan

- **Aromalogy:** Jesse Cameron, Julie Arsenault, Melissa Smith, Erin Dunlop

- **Client Care:** Pam Allen, Tina Murtagh, Erin Dunlop, Jesse Cameron, Julie Arsenault, Anita Bryan

- **Holiday Make-Up:** Vanessa Duncan, Tina Murtagh, Jesse Cameron, Julie Arsenault, Anita Bryan

- **Hair Color & Mixing Class:** Sheldon Gailey, Lynn Gallant, Yvette Allaby, Aimee Colwell



New Services at Ambiance

CHOCOLATE MANICURE & PEDICURE!!

Wow – you can now have a full day of Chocolate at Ambiance Day Spa... Our Chocolate Fondue Body Wrap was so deliciously popular, that we created a spa deluxe Chocolate Manicure & Chocolate Pedicure! Book your calorie free chocolate day today!

EXPANDED WEBSITE

Our website has been expanded – with new sections on fundraising, make-overs, a special page for men, feedback, testimonials... and much more... we are constantly updating it! Check us out at www.theambiancespa.com

Winners' Circle

Congratulations to our Holiday Winners:

Trudy Comeau-Roper won our Smooth Seduction Gift Set at our Holiday Night Open House on November 23rd.

Ryan Daigle was the winner for our draw on MENS DAY - he won Mens Aftershave and Inspirite Body Cleanser/Shampoo

Thumper MacDonald was the winner of Shampure Shampoo & Conditioner, Hand Relief, and Foot Relief at our Holiday Night Open House on December 13th.

Baby Corner

All of us at Ambiance Day Spa would like to congratulate **Heather Woodland** on the birth of her little girl Avery Lyn, and **Lana Rogers** on the birth of her little girl Ella Marie!

Beautiful (and Healthy) Lips

Your lip colors probably look good - but do they taste good? They should!

Lip color is the simplest way to change your entire look. It's an easy way to pull your whole face together and appear made up, even if you are not. Lip color is also a great way to protect your lips - provided you use lip colors that are free of carcinogens, and that contain antioxidants.

When choosing a lip color it is very important to pay attention to not only color and texture but to the ingredients as well. If you were to read the fine print of most lipsticks you would find a good number that contain indigestible petrochemical waxes and lead that can be harmful in high dosages. The skin on our lips is very thin and these chemicals are easily absorbed into our bodies and bloodstreams. Not to mention the lipstick that you end up eating every day... and how many pounds you eat in a lifetime... It's better to choose lipsticks like AVEDA that are filled with ingredients that are actually good for you,

like beeswax, calendula, basil, peppermint, anise and antioxidants.

*Bring in your lead or petrochemical lipstick - and trade it in for 30% off any of our lead and chemical free lip colors, glosses, and tints during the months of January - March!! We want you to be wearing and ingesting healthy, safe, good-for-you lipcolors!



Specials & Upcoming Events

January Specials

SKIN CARE EXTRAVAGANZA!

Enjoy 15% off* all Facials and Facial Enhancements... the day of your facial you may also enjoy 20% off all products in our retail boutique!!!

(No Gift Certificates or on-account payments please!)

LIPSTICK PROGRAM....

30% off* AVEDA lipsticks - see page 3 for details.

MASSAGE YOUR BLUES AWAY...

Enjoy 15% off* all Hydrotherm and Hot Stone Massages this month with Melissa Smith! (no gift certificates)

AROMATHERAPY!!!

Enjoy 15% off* all essential oils this Month... Great for the body, mind & spirit! You can use our many oils in the bath, massage, inhalation, cream, compress, in your gym bag, muscular aches, cuts, PMS, stress, headaches... Come on in and ask one of our Spa Coordinators to help you choose the right aroma for your needs!

AVEDA PERSONAL BLENDS

WOW, customize a wardrobe of bath salts, lotions, oils and pure-fumes... at 25% off*!

SCALP & DAMAGE REMEDY

TREATMENTS

Buy a hair cut - get 50% off* all of our scalp treatments & damage remedy treatments!

FOILS

Want to spruce up??? Buy one foil - get your second foil at 50% off*!!! Add your foils on to a Shampoo & Style or Cut & Style.

ALL HOLIDAY...

Help us to get rid of the rest of our holiday collection - whatever is left is on sale - 15-45% off*!!!

*MUST mention this ad PRIOR to transaction to receive discount.

February Specials:

HAPPY VALENTINES DAY!! Ask about our Valentines Day Spa Packages!
SPECIAL GIFT FOR THAT SPECIAL SOMEONE???

We have a few ideas for you... not to mention our ever popular Gift Certificates!!!
Give the Gift of Spa this Valentines Day!

LIGHT UP THEIR LIFE! Purchase one candle and receive a second candle of equal or lesser value at 30% off*. Great for a romantic night!

HAVE KISSABLE, SOFT LIPS! With any purchase over \$100.00 in Products or Gift Certificates receive a Lip Saver at 50% off*.

OPI PRODUCTS: Purchase any OPI product and receive a second OPI product of equal or lesser value for 30% off*!

TANNING: Buy one tan, get your 2nd TAN this month at 50% off*!

HAIR CARE PRODUCTS With any Color or Highlights - enjoy 15% off* all Hair Care products - including Hair extensions, Blow Dryers, Curling and Flat Irons!!!

CRAZY FOR HAIR? Get your loved one our popular Straight Crazy Flat Iron this month at 20% Off... show her how much her hair is loved!

LIPSTICK PROGRAM Don't forget our lipstick program... see pg 3 for details.

March Specials

GETTING READY FOR MARCH BREAK? Let us help to prepare you for your travels whether going down south or around the neighborhood... Not going away this year? Spend your March Break with us Spa Style!

UNWANTED HAIR? Waxing Special - \$100.00 for unlimited waxing* with participating staff... must be done on the same day and with the same Aesthetician! (You must inform us when booking as to what areas you will want waxed - as we need to book the proper time in!) Great time to get that Brazilian, Full Leg... done for your trip south!

TRAVEL SAFE AND TRAVEL FUN... 15% off* all SPF products this month!

AVEDA TRAVEL FILLABLES: Great for traveling, whether for one night or a month, these wonderfully handy packs are 15% off*!

PREPARE YOUR BODY FOR VACATION SUN... Enjoy any of our Body Treatments for 15% off* this month with participating staff! Early booking is recommended.

INTERACTIVE MAKE-UP LESSONS: 50% off* this month!

LIPSTICK PROGRAM: Don't forget our lipstick program. See pg 3 for details.



Would you like a reminder of our monthly promotions and specials? We email our promotions so be sure we have your email address to keep you current!

